

European Network of (ex-) Users and Survivors of Psychiatry (ENUSP)

Mental Health Europe

The Panhellenic Committee of (ex-) Users and Survivors of Psychiatry

The School of Psychology and the Self-Help Promotion Programme of the Aristotle University of Thessaloniki

**Joined conference on**

**DETERMINING OUR OWN FUTURE: The way forward for all European users and survivors of psychiatry**

**Thessaloniki, Greece, September 28 – October 1, 2010**

The conference is free from registration costs. Conference languages are English & Greek.

\* Open only for (ex-) users and survivors of psychiatry

## Program

|                         | Morning               | Afternoon   |   | Evening         |
|-------------------------|-----------------------|-------------|---|-----------------|
| Tuesday<br>September 28 | Participants' arrival | 16:00-17:00 | Press conference  | 19:00<br>Dinner |
|                         |                       | 17:00-18:00 | Registration and informal networking  |                 |
|                         |                       | 18:00-19:00 | <b>Official opening</b> <ul style="list-style-type: none"><li>• Welcome speeches</li><li>• Official speeches</li></ul> <b>Presentation of the program</b> |                 |

|                                   |   |  |  |                                     |  |
|-----------------------------------|---|--|--|-------------------------------------|--|
| <b>Wednesday<br/>September 29</b> | <b>EMPOWERMENT SEMINAR</b>  |  |  |                                     |  |
|                                   | 8:00-8:45   | Breakfast  | 13:00-14:00  | Lunch                               | 19:00<br>Dinner  |
|                                   |   |  | 14:00-14:30  | Presentation of the working groups  |  |
|                                   | 9:00-09:45  | Brief greetings  | 14:30-16:30  | Working groups: Parallel sessions * |  |
|                                   | 9:45-11:15  | <b>Keynote lecture 1</b><br><b>The UN Convention on the Rights of People with Disabilities – Chances and challenges for users and survivors of psychiatry in European countries</b><br><i>Stefan Tromel, Director of the International Disability Alliance</i><br><b>Panel for questions and answers</b> |  |                                     |  |
|                                   | 11:15-11:30   | Break  |  |                                     |  |
| 11:30-13:00                       | <b>Keynote lecture 2</b><br><b>It concerns all of us</b><br><i>Giorgos Giannouloupoulos, Panhellenic Committee of (ex-) Users and Survivors of Psychiatry</i><br><b>Panel for questions and answers</b> | 16:30-18:30  | Open public meeting and feedback from the working groups |                                     |  |
| <b>Thursday<br/>September 30</b>  | <b>EMPOWERMENT SEMINAR</b>  |  |  |                                     |  |
|                                   | 8:00-9:00   | Breakfast  | 13:30-14:30  | Lunch                               | 18:00<br>Closing ceremony<br>19.00<br>Dinner<br>Social evening |
|                                   | 9:00-11:00  | Working groups: Parallel sessions *  |  |                                     |  |
|                                   | 11:00-11:15   | Break  |  |                                     |  |
|                                   | 11:15-11:30   | Introduction of the regional meetings  | 14:45-17:45  | General assembly of ENUSP *         |  |
| 11:30-13:30                       | Regional meetings: Parallel sessions *  |  |  |                                     |  |

|                             |                   |  |  |  |
|-----------------------------|-------------------|--|--|--|
| <b>Friday<br/>October 1</b> | <b>8:00-9:00</b>  | <b>Breakfast and participants' departure</b>   |  |  |
|                             | <b>9:00-12:00</b> | <b>ENUSP board meeting</b><br>First meeting of newly elected board members, together with the leaving members, including discussion of issues raised and decided by the General Assembly and passing basic information |  |  |