

**JOINED EUROPEAN AND WORLD CONFERENCE  
of users and survivors of psychiatry**

# **Networking for our Human Rights and Dignity**

**Vejle, Denmark, July 17 – 21, 2004**

**Organized by  
the European Network of (ex-)Users and Survivors of Psychiatry (ENUSP) and  
the World Network of Users and Survivors of Psychiatry (WNUSP)**

**2<sup>nd</sup> Announcement**

**The conference is open to (organisations of) users, ex-users and survivors of  
psychiatry/mental health services \***



**Venue: Vejle College of Sports, Ørnebjergvej 28, Vejle, Denmark**

**The conference is financed by a grant from the Danish Ministry of Social Affairs  
and from the Danish Association of Users and Ex-users of Psychiatry - LAP.**

---

\* For practical reasons, the number of participants has a limit of 200 people. See page 6 for details.

**JOINED EUROPEAN AND WORLD CONFERENCE  
of users and survivors of psychiatry**

# **Networking for our Human Rights and Dignity**

**Vejle, Denmark, July 17 – 21, 2004**

**Organized by  
the European Network of (ex-)Users and Survivors of Psychiatry (ENUSP) and  
the World Network of Users and Survivors of Psychiatry (WNUSP)**

**2<sup>nd</sup> Announcement**

**The conference is open to (organisations of) users, ex-users and survivors of  
psychiatry/mental health services \***



**Venue: Vejle College of Sports, Ørnebjergvej 28, Vejle, Denmark**

**The conference is financed by a grant from the Danish Ministry of Social Affairs  
and from the Danish Association of Users and Ex-users of Psychiatry - LAP.**

---

\* For practical reasons, the number of participants has a limit of 200 people. See page 6 for details.

**Saturday 17<sup>th</sup> July:**

**before 16.00 Arrival**

16.00-17.00 **Registration**

17.00-18.00 **Official opening**

- Welcome speeches: Karl Bach Jensen (Denmark), Judi Chamberlin (USA), Gábor Gombos (Hungary)
- Official speeches
- Presentation of the program

18.00-19.00 **Informal get-together** - with snacks and fruits.

19.00 **Dinner**

**Sunday 18<sup>th</sup> July:**

08.0 **Breakfast**

09.00-12.00 **WNUSP general assembly, first part**

**Open for all participants**

1. *Report on WNUSP's activities since the last General Assembly*
2. *Planning of the direction of WNUSP's activities in the future*
  - a. *Ad hoc drafting groups to be established*

12.00-13.00 **Lunch**

13.00-16.00 **ENUSP general assembly, first part. Followed by:**

**Subregional meetings:**

- Eastern Europe
- Northern Europe
- Mediterranean countries
- English speaking countries and the Netherlands
- German speaking countries, Luxembourg & Belgium

13.00-16.00 **Regional meetings:**

- Africa and the Middle East
- Asia and the Pacific
- The Americas

16.00-18.00 **Presentation of workshops**

18.00 **Dinner**

# NETWORKING FOR OUR HUMAN RIGHTS AND DIGNITY

## Monday 19<sup>th</sup> July:

**Members of the Danish national user/survivor organisation - LAP - to be invited to join us for the day**

08.00            **Breakfast**

09.00-10.00    **Keynote speech:**  
Tina Minkowitz, USA:  
*UN Convention on Human Rights and Disability*

10.00-12.00    **Workshops**

12.00-13.00    **Lunch**

13.00-14.00    **Keynote speeches:**  
Moosa Salie (South Africa): *Networking for human rights and dignity - from an African perspective*  
Liz Sayce (UK): *From psychiatric Patient to Citizen. Overcoming Discrimination and Social Exclusion*

14.00-16.00    **Workshops**

16.00-18.00    **Open space for all participants**

... round tables

... themes from the workshops

... exhibition

... papers

... flyers

... posters

**Show, tell and talk !!!**

OBS: The hall for the open space session will be available for exhibitions during the whole conference

18.00            **Dinner**  
Entertainment  
Open stage – open mike

# NETWORKING FOR OUR HUMAN RIGHTS AND DIGNITY

## Tuesday 20<sup>th</sup> July:

- 08.00            **Breakfast**
- 09.00-12.00    **ENUSP general assembly**, second part
- 09.00-12.00    **Regional meetings: Planning for the future**
- Africa and the Middle East
  - Asia and the Pacific
  - The Americas
- 12.00-13.00    **Lunch**
- 13.00-16.00    **WNUSP general assembly**, second part:
2.     *Planning of the direction of the WNUSP's activities in the future ( continued)*
  3.     *Election of the board*
  4.     *Ratifying membership decisions*
  5.     *Any other business.*
- 16.00-18.00    **Closing session**
- Report from each workshop (3 minutes each)
  - Presentation of action plans from the general assemblies
  - Feedback
  - Closing speeches:
    - Stig Langvad, President of DSI (The Danish Council of Organisations of Disabled People)
    - Karl Bach Jensen, Denmark
    - Mari Yamamoto, Japan
- 18.00            **Dinner, Farewell Party – entertainment – music - dance**

## Wednesday 21st July:

- 08.00            **Breakfast and departure**

# NETWORKING FOR OUR HUMAN RIGHTS AND DIGNITY

- Fee:** There is no admission fee.
- Accommodation:** Single and double rooms will be provided free of charge at the venue of the conference for a maximum of 200 participants. All meals included.  
**Early registration for the conference is strongly recommended**
- Language:** The conference language is English. On a voluntary base we will try to organise interpretation in small circles according to the needs of the participants, but don't expect professional interpretation.
- Travel:** Please apply for local funding of your travelling expenses. If you need more detailed information to ask for funding in your own country, contact the secretariat.  
You may need to have a visa to travel into Denmark. Please mail us for sending you an official invitation to the conference.  
**To a limited extent we are able to refund travelling expenses (including visa and WNUSP membership fee) for participants from developing countries and countries in transition.**
- Venue:** Vejle College of Sports (Vejle Idrætshøjskole) has many sports facilities, and an outdoor swimming pool. The college is surrounded by a small forest and close to the beach. There are plenty of large and small meeting rooms (equipped with computers and internet connection), copying facilities, and restrooms.

## How to get to Vejle College of Sports (Vejle Idrætshøjskole):

- **Via Copenhagen airport** – trains for Vejle leaves once every hour. The trip is about two hours.
- **Via Billund airport** – please let us know, we will see to the transport from Billund to Vejle.
- **By international train directly to Vejle.**
- From the railway station to the venue of the conference: short distance by bus or taxi – we will send you detailed information after your registration. A guide will meet you at the station.

## Please note the following:

- Since the accommodation facilities for the conference are limited the organising committee reserve the right to prioritise amongst persons applying for participation.
  - First: priority will be to maximise the number of countries represented at the conference
  - Second: priority will be given to full members, associate members and individual members of WNUSP and/or ENUSP.
- Only delegates representing voting member organisations of WNUSP and ENUSP have the right to vote at the announced general assemblies of the two NGO's.

*The conference is organised by:*

*Anders Jensen, Helge Preben Sørensen, Erik Olsen, Maths Jespersen, Maria Holbæk; LAP Denmark  
Gábor Gombos, Peter Lehmann, Heleen van der Leest, Mary Nettle, Piotr Iwaneyko; ENUSP  
Sylvia Caras, Iris Hölling, Karl Bach Jensen and Eva Rasmussen; WNUSP*

# NETWORKING FOR OUR HUMAN RIGHTS AND DIGNITY

## Workshops:

### Networking:

1. Which ethical ground rules do we want to have in the self-help movement? *Facilitator: Peter Lehmann, Germany*
2. How do we develop local, national and international groups of (ex-)users and survivors of psychiatry, find funding and use technical resources? *Facilitator: Moosa Salie, South Africa*
3. With whom do we build coalitions and how do we proceed? *Facilitator: Mary Nettle, England*

### Getting Help

4. The medical model: What is wrong with the medical model? How can we counteract the globalisation of the medical model? How do you get off psychiatric drugs? *Facilitator: Maths Jespersen, Sweden*
5. Alternatives: What can we learn from traditional healing practices? Which alternative treatments exist and which do we support? How do we promote user run alternatives like the “run-away-houses” etc.? To what extent should we promote alternatives within the system? *Facilitator: Bhargavi Davar, India*
6. Recovery: What helps and what hinders recovery? How do we create recovery oriented support groups? How can we empower ourselves? *Facilitator: Erik Olsen, Denmark*

### Human Rights

7. Strategies to influence and promote the UN convention on human rights and disability. *Facilitator: Tina Minkowitz, USA*
8. What is coercion in psychiatry and how to fight against it? *Facilitator: Gábor Gombos, Hungary*
9. How do existing laws affect our lives and how do we influence legislation? *Facilitator: Piotr Iwaneyko, Poland*

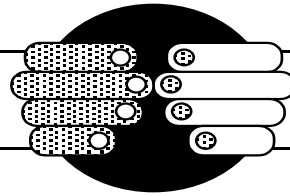
### Dignity

10. Story exchange – sharing what has happened in our lives due to being in the psychiatric system in order to create a list of things that have been helpful. *Facilitator: Celia Brown, USA*
11. Shame – is this how it feels to be mentally unwell in my society and culture? How does having a mental illness label make you feel? *Facilitator: Kay Sheldon, England*
12. Nothing about us without us – what does it take to feel included in your society and culture? Can you achieve your ambitions? *Facilitator: Laurie Ahern, USA*

*Participants are welcome to suggest and facilitate other workshops. Please inform us when registering for participation or when arriving at the conference.*

# NETWORKING FOR OUR HUMAN RIGHTS AND DIGNITY

**WORLD NETWORK OF USERS  
AND SURVIVORS OF PSYCHIATRY**



**WNUSP**

Secretariat: Klingenberg 15, 2.th, DK-5000 Odense C  
www.wnusp.org

Tel and fax: +45 6619 4511  
E-mail: admin@wnusp.org

## **WNUSP:**

- Is an international organization of users and survivors of psychiatry
- Advocates for human rights of users and survivors
- Promotes the user/survivor movement in every nation around the globe
- Speaks internationally for users and survivors

## **WNUSP history:**

**WNUSP** grew out of users' and survivors' demands for recognition and representation. Originally meeting at the biannual World Federation for Mental Health conferences, the network is now a permanent international organization.

- **1991:** Network began as World Federation of Psychiatric Users (WFPU) at the WFMH conference in Mexico.
- **1997:** Name changed to WNUSP.
- **1999:** Initial core funding from International Disability Foundation to plan international meeting in Santiago, Chile.
- **2000:** Secretariat established in Odense, Denmark.
- **2001:** First General Assembly in Vancouver — 34 groups from 12 countries; adoption of WNUSP Statutes and election of WNUSP board.

## **WNUSP action plan 2001 – 2004:**

- Promote human rights
- Support national and international human rights efforts
- Develop national & international user/survivor networks
- Lobby for international legal recognition and implementation of user/survivor rights with the UN and other international organizations
- Promote organization in countries where user/survivor network is underdeveloped
- Promote the WNUSP as the international voice of users & survivors
- Develop the network's long-term funding strategy
- Publish regular WNUSP newsletter and website
- Build the WNUSP as an international NGO
- Organize the next General Assembly

## **WNUSP board members:**

- |   |   |
|---|---|
| ➤ Judi Chamberlin, <i>co-chair</i> , USA      | ➤ Moosa Salie, South Africa                   |
| ➤ Iris Hölling, <i>co-chair</i> , Germany     | ➤ Mari Yamamoto, Japan                        |
| ➤ Karl Bach Jensen, <i>co-chair</i> , Denmark | ➤ Bhargavi Davar, India                       |
| ➤ Tina Minkowitz, <i>co-opted</i> , USA       | ➤ Mary O'Hagan, <i>co-opted</i> , New Zealand |
| ➤ Eva Rasmussen, <i>secretary</i> , Denmark   | ➤ Sylvia Caras, <i>consultant</i> , USA       |

# NETWORKING FOR OUR HUMAN RIGHTS AND DIGNITY

## WNUSP definitions:

- *A user or survivor of psychiatry is self-defined as a person who has experienced madness and/or mental health problems and/or has used or survived psychiatry/mental health services.*
- *A user/survivor of psychiatry organisation is defined as an organisation run entirely by users or survivors, or where the majority of members and people in a governance role are users or survivors.*

## WNUSP membership:

- *Full membership of WNUSP is open to all democratically run and legally constituted national user/survivor organisations with compatible purpose and aims to WNUSP.*
- *One or more national user/survivor organisations from a country may become a full member.*
- *In countries where there are no national user/survivor organisations, or where a national organisation exists but is not a member of WNUSP, local organisations with compatible aims to WNUSP may become full members – until a national organisation from their country becomes a full member of WNUSP.*
- *Full members are entitled to: subscription of WNUSP publications, select the voting delegates for General Assembly, speak at General Assemblies, and nominate people for election to the board.*
- *Associate membership is open to: All individual users and survivors around the world, and all local and international user/survivor organisations with compatible purpose and aims to WNUSP.*
- *Associate members are entitled to: subscription of WNUSP publications, speak at General Assemblies, and nominate people for election to the board.*

**We recommend all participating organisations and individuals to become members of WNUSP.**

**You can apply for WNUSP membership via the web site: [www.wnusp.org](http://www.wnusp.org) or by filling out the application form in this pamphlet.**

**Participants from developing countries and countries in transition can apply for having their WNUSP membership fee sponsored by the conference.**



## The European Network of (ex-)Users and Survivors of Psychiatry (ENUSP)

- Is the only grassroots umbrella organisation on a European level that unifies national organisations of (ex-)users & survivors of psychiatry across the continent to provide a direct representation of people who are or have been on the receiving end of psychiatric services.
- Is against any unilateral approach to, and stigmatisation of mental and emotional distress, madness, human suffering and unconventional behaviour.
- Is independent from commercial influences.

### ENUSP Aims:

- ENUSP aims to promote and improve the human rights of (ex-)users & survivors of psychiatry; to fight against abuse and coercion and for alternatives to psychiatry, controlled by (ex-)users & survivors of psychiatry.
- ENUSP attempts to influence policy at a European level and maintains contacts with other international organisations active in the mental health field.
- ENUSP needs your support. Please contact the board and the secretary.

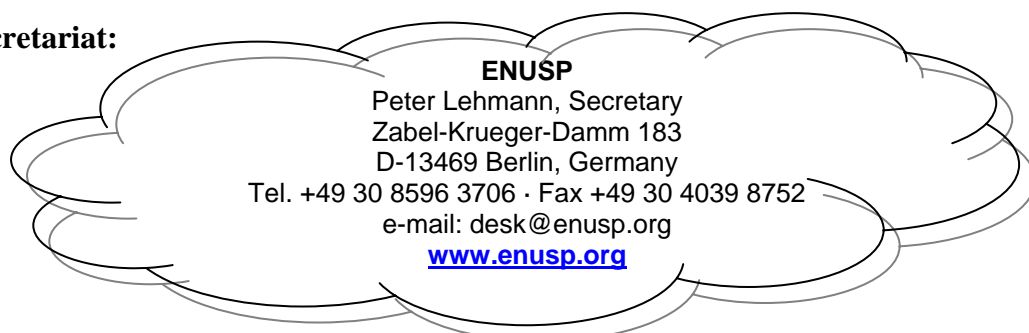
### ENUSP History:

The history of ENUSP goes back to 1990. Since then the Network has organised four European conferences. In 1998 the Network received legal recognition and since then it has been a federation of European associations of (ex-)users & survivors of psychiatry. In 2004 **ENUSP has members in 34 European countries.**

### ENUSP Board (elected in 1999):

Gábor Gombos, Hungary (Chair) · Beverley Mills, UK (Deputy-Chair – no longer active) · Marinka Kapelj, Slovenia (Interim Deputy-Chair) · Board Members: Gloria Brown (deceased in 2003) · Piotr Iwaneyko, Poland · Peter Lehmann, Germany · Virpi Vesterinen, Finland · Adopted Board Members: Claude Finkelstein, France · Mary Nettle, UK · Heleen Van der Leest (Netherlands)

### ENUSP Secretariat:



# NETWORKING FOR OUR HUMAN RIGHTS AND DIGNITY

## Application form:

Please return the form to the secretariat preferably as soon as possible and not later than **1<sup>st</sup> May 2004**.

The form may be emailed via our web site, [www.wnusp.org](http://www.wnusp.org), faxed to +45 66 19 45 11 or posted to:  
WNUSP, Klingenberg 15 – 2.th., DK-5000 Odense C, Denmark.

Name of person/s			
Address	Street No. City Country		
Telephone			
Fax			
E-mail			
Name and address of your organisation, if any:	Name Street No. City Country		
Already a member of WNUSP:	Full?	Associate?	Individual?
Apply for membership of WNUSP:	Full?	Associate?	Individual?
Membership fee:  Please state the income of your organisation if full member:	<b>MEMBERSHIP CATEGORIES</b> <ul style="list-style-type: none"> <li>• Individual: US\$10 /year</li> <li>• Associate group: US\$10 /year</li>   <li>• Full member (voting rights at general assembly):</li> <li>• income &lt; US\$100,000/yr US\$25 /year</li> <li>• income &gt; US\$100,000/yr US\$50 /year</li> <li>• income &gt; US\$1,000,000/yr US\$100 /year</li> </ul>		Refer to page 8 for further details about membership  OBS: Membership fee may be paid at the conference
Do you apply for travelling refund and membership fee? (only applicable for participants from developing countries and countries in transition)	Travelling expenses:  Visa expenses:  Membership fee:	Please state the estimated amount in US dollars:	
Why do you apply for refund? Please explain:			
Accessibility needs:			
Language:	If English is problematic, which international language(s) do you prefer?		
Vegetarian?		Other special diet wishes?	

# **NETWORKING FOR OUR HUMAN RIGHTS AND DIGNITY**

# **NETWORKING FOR OUR HUMAN RIGHTS AND DIGNITY**