

*THE ASSOCIATION FOR MUTUAL SUPPORT
IN MENTAL DISTRESS, Tuzla Canton
"FENIX" TUZLA*

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The Association for mutual support in mental distress TK "Fenix" was founded on 1st April 2000.

The Association is an independent, non-profit making, voluntary organisation made up of people who have experienced psychiatric disorders/ illness, and of those who want to prevent them. The aim of the Association is to improve mutual support and alternative ways of surviving crises, to participate in shaping policy in this area, to evaluate the work of important medical and social organisations, and to help improve the quality of life of individuals who are marked out as a "soul sick".

"FENIX"'s VISION

"Association TK "Fenix" is a strong non-governmental organisation which, in co-operation with government, non-governmental organisations and the private sector, represents a recognisable

actor in the creation of mental health policy aiming at involving users in the social-economic proces."

MISSION OF "FENIX"

"NGO TK "Fenix", an important actor in creation of mental health policy, is self-sustand organisation with a strong network of a other smaller branches of the organisation in Tuzla Canton and with developed social cooperation with the governmental sector, civil society, private business and international organisations."

***WELCOME TO "FENIX"
And be a part of following activities:***

CREATIVE EXPRESSION

*In the Association's premises there are workshops on creative expression.
The workshops run from 9:00 to 13:00 every weekday.
Participation is free/voluntary.*

SOCIAL AND FUN ACTIVITIES

*Informal everyday meetings, accessing useful information, getting involved in different activities for the association, making suggestions...
Discovering active ways of re-socialising, improving one's quality of life, learning creative expression, removing stigma, and planning different sports and other activities.
Daily **from 9:00 to 15:00.***

WORKING-OCUPATION TERAPHY

From November 2005, we have started new a activity: a carpentry workshop and producing the decorative craft of ceramic and glass. Join us and express your creativity. We are here to support you.

RECREATION

*Social tourism, organisation of a picnics etc.
(we own a minibus).*

By getting together, supporting and encouraging we help ourselves to make life nicer and more decent for a human.

"Fenix"

Are you worried, feeling lonely and without support? We are here.

"Fenix"

Let's get know, meet, get close to and help each other.

"Fenix"

LET'S BUILD

**A SOCIETY
OF EQUAL OPPORTUNITY
FOR EVERYBODY**

So, do not hesitate, We are here for You and beside You.

TK "FENIX"

Contact People of the Association:

- *Vahid Đulović, president of assotiation*
- *Vesna Blažević, vicepresident of assotiation*
- *Igor Kožuljević, secretary of association*